



Everybody
needs to start to find
love in their heart. And the way
to do that is to make up your mind that you
are going to begin to love your family, love yourself;
love your neighbor, love yourself; love the people at work,
love yourself.

And that love can show itself in the form of care and in the form of
respect - in just walking down the street and smiling at one another,
saying hello to one another. Just very basic, very basic. But you need to
change your consciousness and start to do that.



Just let love start to happen through the decision in your mind,
“Okay, I’m going to open my heart, and I’m going to care about people,
and wherever possible, I’m going to let it turn into
a greeting or love.”

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