



# KALINDI'S

## Christmas Points and Teachings

**C**hristmas is a time for remembrance of God. It is a time when there is a lot of love around between people. See Christmas as a time when you can have reverence and gratitude toward every Saint and Incarnation that has given their life in order for people to find their way to the Almighty Father.

During the holidays, try to love everybody you come in contact with. Smile and say, "Hello. Have a nice day." Be sincere. Wish every single person you meet a happy holiday, if they are open to receive it. Whenever you make eye contact with someone, you can just smile or nod your head to greet them. And you can always say a flattering word. If anyone asks you for money - any person in need - if you can, at least give them a dollar. Do not judge them. If they are asking, they need it; and this is the season for giving.

Let your heart rejoice that during this month God has set aside the mood and the time for you to give your love freely in many ways to complete strangers. Smile and touch the hearts of so many people.

This is the month of love. Love God, love yourself, love each other, and let your love spread for the entire month. And as December comes to an end, do not lose that spirit, because God always wants that spirit to be alive. Imagine a world like that, and let it begin with you. Love, care, respect, and always a kind word. You can always say "Hello," you can always say "God bless you." You can always give a smile, and you can always be there to help.

You may want to have a Christmas tree - with really pretty lights and nice ornaments. You can make it very grand, very rejoicing, very deep.

Gift exchanging really should be from each other's heart because you love that person and want to give them a smile; let it be a way of sharing and loving each other, all in the feeling that God is here and all the Saints of the past have made it possible. Bring Christmas back to a depth and a rejoicing kind of feeling because it means that God is here. It is a season when people can come together in God.

You can go to a Catholic church and sit there and pray. Catholic churches carry a presence that will help you go into the feeling of God, of the Father. You can go to Midnight Mass on Christmas Eve. It is very nice to be sitting in church and hearing the music, hearing what is being said. It will be a very sweet time of prayer that is within a rejoicing kind of feeling.

You can go Christmas caroling during the Christmas season. It is nice to go to a hospital or an old age home or a shopping mall and sing Christmas carols.

Reverence, overwhelming love, worship - let yourself feel the fullness of the Father on Christmas day. Have it be a very real way of sharing and loving each other under God.

Also, let the feeling of Christmas be nondenominational, having gratitude for all the Saints and Incarnations who have made it possible.

**Christmas Music.** The Christmas music Kalindi listened to was very old music. She listened to: "Christmas with the Mormon Tabernacle Choir," "Christmas with the Vienna Boys Choir," "Gregorian Christmas: Chants and Motets," "Advent - Gregorian Chants," "Christmas Gregorian Chants." Kalindi said these albums really represent the true meaning of Christmas.

*Let the love that you have found pour unconditionally.  
Expect nothing in return, because through giving, you receive  
everything, and through giving, you experience true ecstasy.*

