

The Knowing of Truth

The truth can only be known through direct experience of the truth.

Gourasana has spoken repeatedly that the truth is actually beyond the words. In other words, the knowing of truth is not achieved by an intellectual knowledge of truthful words, and then agreeing with the words of truth.

Rather, the truth is attained by going within to a place of heart, soul, letting go, surrendering into an internal movement or motion that is beyond the words of mind and beyond this illusory world of duality, suffering, strife. The truth is from another reality, that is here now – not of this illusory world.

The truth is here now, but we can only find it by going within.



The Lady

May 16, 2020